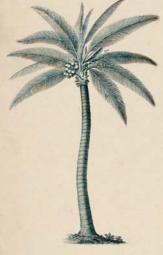
## Caribbean foods in the Old Kitchen



This year as part of the celebrations, a small display of Caribbean foods will be exhibited here in the Old Kitchen. In 1647 the first Caribbean sugar was imported into Britain and a few years later the Lascelles family began their long association with the West Indies. Throughout the 18th and 19th century both food and plants were imported from the West Indies to be used here at Harewood.

Consignments of goods came regularly from Lascelles owned plantations as well as exotic plants that were grown here in the glasses houses in the walled garden.

In an extract from 'The Child in the Crystal', Lady Sybil Lubbuck (step grand daughter to the 4th Earl of Harewood) writes her memories of food arriving from the West Indies:

'And what wonders the great metal and wooden cases disgorged! Brown sugar so soft and moist as to be almost like wet sea sand, sugar candy in great knobbly sticks, dozens of pots of shining guava jelly and pineapple jam, preserved ginger and angelica and all manner of spices.'

Bananas, passion fruit, pineapple and sugar cane were among the products grown in the walled gardens. Today you will find bananas grown in the archery border.

From June onwards the walled garden will be open to the public, please feel free to wonder down and have a look around.



